



ROBERTO BRUZZONE

"THE WALKERS WITH A LEG ON HIS SHOULDER"

Roberto Bruzzone is 32 years old, he is from Ovada (AL) and is a professional mountain climber...with only one leg. He lost the other leg from the knee down, six years ago in a motorcycle accident.

An accident from which he emerged psychologically destroyed and from which he got over in a relatively short time thanks to sport, his great passion, initially venturing with athletics, thanks to Roberto La Barbera, a disabled athlete, medal at the para-olympics, and with Bologna's Otto Bock technical support, a leading company for prostheses construction, that decides to sponsor him providing both the prostheses for walking and for running on track.

But despite his achievements in this discipline after only a few months (60mt in 8 seconds flat), Roberto isn't fully satisfied and accepts the offer of Alessio Alfieri his friend and athletic trainer to try trekking, an exciting sport in contact with nature, in which he soon reaches important results: two Gran Paradiso ascents - one with a record time of 4 hrs 30 min, - St. James' Way - 781 km in only 26 days - the conquest of the Kilimanjaro (Africa 5895mt.) and in January this year the Aconcagua ascent the highest peak in Argentina, up to 6030 mt in total self-managing ...

It is during one of the team's expeditions renamed "the walkers with a leg on the shoulder" (in honour of Roberto's spare leg which is always in his backpack) that Roberto and Alessio establish Naturabile, a non-profit organization founded with the purpose of transmitting the passion for mountains through awareness, consultancy and mountain fitness courses.

An adventure that began only a few years ago but destined to go a long way with Roberto and his insatiable desire to test himself, with "madmen" expeditions around the world.



EXPEDITIONS

GRAN PARADISO

2 Gran Paradiso ascents 4061mt, the last one in a record time of 4 h 30min starting from Pont, 1900mt.

GRIVOLA

During training, Roberto Bruzzone reaches most of the summits over 3000mt in Cogne Valley.

VALLE D'AOSTA

In 4 days on the Alps he walks 50km and 6500mt of elevation gain.

CROSSING OF SPAIN

April 2007

He accomplishes with Alessio Alfier and his friend Giorgio Arata, the crossing of Spain along St. James' Way, starting from St. Jean Pied de Port (Pyrenees - France), travelling 781 km in 26 days.

KILIMANJARO - AFRICA

September 2007

Roberto and Alessio achieve the Kilimanjaro Mountain ascent (Africa 5895mt.) Roberto is the first disabled person in the world that takes three days to climb to the summit along the most complex route, Umbwe Route, without the help of carriers (with a 20 kg backpack).

ICELAND SELF-MANAGING CROSSING

August 2008

Attempt failed after 162 km at lake Myvatn, starting from Thornshofn, caused by the Achilles tendon inflammation.

ACONCAGUA ASCENT (6962mt)

January 2010

Roberto is near the record, reaching 6030mt. In complete self-managing.

CORSICA and GR20

June 2010

Departured from Ovada (AL) Italy and arrived at Bonifacio, for a "walk" that included Gran Randonné in Corsica, one of the hardest routes in Europe. Roberto, his friend, Stefano Pini and his Beagle called Nessie, "walked" 452 km in 22 days, all in complete self-management.



NEW TARGET: Namibia - Africa

June 2011

Departure from Solitarie and arrival in Swakopmund, crossing the Namib – Naukluft Desert.

Total distance of 230km to be covered roughly in 8 days with the support of a high clearance 4WD vehicle.

Further information, video and photos on web site: www.robbydamatti.it